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Acne is a skin condition which has plugged pores (blackheads and whiteheads), inflamed pimples (pustules), and deeper lumps (nodules). Acne occurs on the face, as well as the neck, chest, back, shoulders, and upper arms. Although most teenagers get some form of acne, adults in their 20’s, 30’s, 40’s, or even older, can develop acne. Often, acne clears up after several years, even without treatment. Acne can be disfiguring and upsetting to the patient. Untreated acne can leave permanent scars; these may be treated by your dermatologist in the future. To avoid acne scarring, treating acne is important.

Control of acne is an ongoing process. All acne treatments work by preventing new acne breakouts. Existing blemishes must heal on their own, and therefore, improvement takes time. If your acne has not improved within two to three months, your treatment may need to be changed. The treatment your dermatologist recommends will vary according to the type of acne.

Occasionally, an acne-like rash can be due to another cause such as make-up or lotions, or from oral medication. It is important to help your dermatologist by providing an updated history of what you are using on your skin or taking internally. Many non-prescription acne lotions and creams help mild cases of acne. However, many will also make your skin dry. Follow instructions carefully.

Proper Care is Necessary

No matter what special treatments your dermatologist may use, remember that you must continue proper skin care. Acne is not curable, but it is controllable; proper treatment helps you to feel and look better and may prevent scars.

A-Cute Derm® has made acne care simple. We offer 13 products, including seven OTC drugs. The products contain agents of varying degrees to help assist in cleansing and controlling the body’s supply of oils at the surface of the skin as well as being able to kill Propioni bacteria dead in its tracks as well as improve acne scarring. However, do not rely on one product. Use a variety of items to help combat the problem. This could include a drying agent, AHA/Glycolic Acid, Salicylic Acid, anti-bacterial cleansers (non-alcoholic based) and a facial mask. Start with a few and gradually add products to your regimen.

- Learn to work with your skin. You do not want to scrub your skin nor do you want to completely dry it. This will cause the glands to overreact and produce more oils. If your skin becomes too dry, reduce the usage of an item, or two, until you can detect a change.
- Some of the better ingredients that will offer assistance include Benzoyl Peroxide, Glycolic Acid, Oatmeal, Lavender, Salicylic Acid, and Sulfur.
- There is no rhyme or reason to what you will find in drug stores, cosmetic counters, and discount operations, beauty supply stores with regard to quality or price. Look at the ingredients and the order in which they appear. This listing will signify the content of ingredients from the most to the least. OTC drugs will be labeled as DRUG FACTS on the information panel.
- Serious problems should be handled by a Dermatologist, especially to help you with proper and best antibiotics to get the acne under control.
- CAUTION: many cosmetic/medical spas like to do microdermabrasion. Your acne must be under control with antibiotics before even considering microdermabrasion.
Cleansers
- B-Kleer™ Antimicrobial Cleansing Gel (OTC): A gentle but super potent maximum strength acne cleanser with an active cleansing agent to help kill 99.9% of Propioni bacteria. Also kills 5 additional bacteria including Staph, Pseudomonas and E.coli as well as fungi and mold.
- B-Kleer™ Foamer Acne Wash (OTC): Same as our Antiseptic Acne Wash, but a foaming dispenser. Available for travel size to carry in your purse or bag. Perfect for athletes!
- B-Kleer™ Salicylic Acne Wash:
- B-Kleer™ BP 2.5 Cleansing Lotion (OTC): Anti-bacterial cleansers with 2.5% Benzoyl Peroxide. Perfect for oily to acne-prone conditions. Kills 95% of Propioni bacteria within 15-20 seconds of use.
- B-Kleer™ BP 10 Cleansing Lotion (OTC) Anti-bacterial cleanser with 10% Benzoyl Peroxide. Perfect for oily to acne-prone conditions. Kills 95% of Propioni bacteria within 15-20 seconds of usage.

Treatments
- B-Kleer™ Ultra 8 Skin Solution: An 8% AHA/Glycolic Acid that treats acne pustules and penetrates to cleanse the pores. Removes oil and dirt, and is great under make-up. Skin Therapy has a pH of 4.0, non-buffered.
- B-Kleer™ Ultra 8 Pads: Perfect for start-up problems to mild acne. Same solution as the B-Kleer™ Ultra Skin Therapy but in an easy, simple to use pad form. Ultra 8 has a pH of 4.0, non-buffered.
- B-Kleer™ BP 2.5 Acne Crème (OTC): Anti-bacterial treatment to help control and moderate acne and acne pustules. Crème works well with make-up and will not dry the skin or cause it to flake. It can also be worn both day and night. It has a pH of 3.5.
- B-Kleer™ Acne Gel (OTC): Maximum-strength acne treatment in a gel base. A fast-acting AHA/BHA cocktail that overpowers stubborn zits as it loosens dirt and oil and keeps pores clean. It gently exfoliates without over-drying as it improves tone and texture. Highly recommended for men and athletes. Does not work well with make-up.
- B-Kleer™ Sal-Acne Lotion (OTC): A maximum-strength acne treatment lotion that exfoliates the skin and reduces oiliness as it treats acne and prevents blemishes. Lotion contains 2% salicylic acid.
- B-Kleer™ Ultra 20 Pads: Easy, simple to use disposable pads that are excellent for moderate to advanced acne. Great for athletes or young teens with stubborn acne.

Face Masks
- B-Kleer™ Mint Mask: Removes blackheads and absorbs excess oil with two types of clay, Kaolin and Bentonite. Fights bacteria as it adds freshness and soothing properties to the skin.
- B-Kleer™ Acne Mask with Sulfur 2%: Helps clear up acne blemishes and allows the skin to heal. Penetrates pores to reduce the number of acne blemishes and helps prevent new blemishes from forming.
Kits

Build your own kits or use one of our three distinct kits that offer an excellent proven program to help treat acne-prone skin. Each kit contains a medicated cleanser, acne treatment and mask. Designed for mild, moderate and advanced acne

- **Mild Kit** contains B-Kleen™ Antimicrobial Wash, B-Kleen™ Ultra 8 Pads and B-Kleen™ Mint Mask.
- **Moderate Kit** contains B-Kleen™ BP 2.5 Crème, B-Kleen™ BP 2.5 Cleansing Lotion and B-Kleen™ Ultra 8 Pads. Advanced Kit contains B-Kleen™ Antimicrobial Wash, B-Kleen™ 20 Pads, and B-Kleen™ Sulfur Mask.

<table>
<thead>
<tr>
<th>Product</th>
<th>Combination to Oily</th>
<th>Mild Acne</th>
<th>Moderate Acne</th>
<th>Advanced Acne</th>
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<td>B-Kleen™ Antiseptic Wash</td>
<td>B-Kleen™ Antiseptic Wash</td>
<td>B-Kleen™ Antiseptic Wash</td>
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<td>B-Kleen™ Foaming Acne Wash</td>
<td>B-Kleen™ Foaming Acne Wash</td>
<td>B-Kleen™ Foaming Acne Wash</td>
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<td>Pro-C® Antioxidant Serum Grape Seed Serum</td>
<td>Pro-C® Antioxidant Serum Grape Seed Serum</td>
<td>Pro-C® Antioxidant Serum Grape Seed Serum</td>
<td>To help reduce inflammation</td>
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<td>Optional</td>
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<td>B-Kleen™ BP 2.5 Acne Crème</td>
<td>B-Kleen™ BP 2.5 Acne Crème</td>
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<tr>
<td></td>
<td>Optional</td>
<td>Polypeptide Crème Tri-Complex 5 Serum</td>
<td>Polypeptide Crème Tri-Complex 5 Serum</td>
<td>Polypeptide Crème Tri-Complex 5 Serum</td>
<td>Use once a day; increase to twice a day after two weeks of use</td>
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<td>Optional</td>
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<td>B-Kleen™ 10 Lotion</td>
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<td>Moisturizer</td>
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<td>Ultra Lite Facial Moisturizer E2 Lipid Crème Anti-Aging Boost™ Moisturizer</td>
<td>Ultra Lite Facial Moisturizer E2 Lipid Crème Anti-Aging Boost™ Moisturizer</td>
<td>Ultra Lite Facial Moisturizer E2 Lipid Crème Anti-Aging Boost™ Moisturizer</td>
<td>Recommended for skin protection</td>
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<tr>
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<td>Optional</td>
<td>Pro-Tect® SPF 15 Lotion Pro-Tect® SPF 20 Lotion</td>
<td>Pro-Tect® SPF 15 Lotion Pro-Tect® SPF 20 Lotion</td>
<td>Pro-Tect® SPF 15 Lotion Pro-Tect® SPF 20 Lotion</td>
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<td>Makeup</td>
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<td>B-Kleen™ Mint</td>
<td>B-Kleen™ Mint</td>
<td>B-Kleen™ Mint</td>
<td>Use one to two times a week, depending on mask</td>
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<td>B-Kleen™ Mint</td>
<td>B-Kleen™ Mint</td>
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Product Information – Acne/ Cleansers:

**B-Kleer™ Antimicrobial Cleansing Gel** (OTC Drug)

**Regulatory Status**
- FDA Monograph: Topical Anti-microbial Drug Products for the OTC Human Use.

**Indications**
- To promote cleanliness by allowing regular and continuous cleansing without drying the skin.
- To kill germs (E.coli, Pseudomonas, and Staph), which cause infection.
- To kill germs (Propionibacterium), that is prevalent in acne conditions.

**Key Features**
- Maximum Strength.
- B-Kleer™ is manufactured in accordance with manufacturing practices for DRUGS.
- B-Kleer™ kills 99.99% of harmful germs, including Escherichia coli (E.coli), Pseudomonas, Staphylococcus (Staph); 99.9% P-bacteria (Propionibacterium found in acne) on contact.
- Eliminates bacterial and fungal contamination.
- Broad-spectrum Antimicrobial action, encompassing Gram-Negative, Gram-Positive, Fungi, Yeast and Acid Fast bacteria.
- Benzethonium Chloride disrupts bacterial growth and forces it to destroy itself.
- A water-soluble formulation improves the permeability of agents in the skin. This action causes improve efficacy to kill bacteria within the skin and to remove debris.
- Offers immediate sanitation. No waiting for active ingredients to become effective.
- Non-drying cleanser that leaves no residue or sticky after-effect.
- Alcohol-free product, which offers critical benefits since alcohol-based antiseptic cleansers indicate added risk of potential flammable solution in a wound site.
- Designed for continuous use.
- Perfect for all skin types.

**Directions**
- Wet hands. Place a small amount into your hands and work in to lather.
- Apply lather on areas to be treated with a gentle, circular motion.
- Rinse clean.
- Use as often as necessary.

**Warnings**
- External use only. Do not use in eye.
- In case of deep wounds or puncture wounds, consult a physician.
- If irritation develops and persists for more than a few days, discontinue and consult a physician.
- Do not leave on skin for more than one minute without rinsing.

Do not apply directly to any mucous membrane or bodily opening without completely rinsing off.

**Item/Package Details**

<table>
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<tr>
<th>Sizes</th>
<th>Item</th>
<th>Bottle</th>
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<tbody>
<tr>
<td>4.0 oz/118.3 ml</td>
<td>1044</td>
<td>Evolution Bottle w/ Flip Disc Cap</td>
<td>5.4</td>
<td>36 months</td>
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<td>8.0 oz/236.6 ml</td>
<td>1048</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Ingredients**
- Active: Benzethonium Chloride (0.20%).
- Other Ingredients: Purified Water, Ammonium Lauryl Sulfate, Lauramidopropyl Betaine, Hydroxypropyl Bis-Hydroxyethylidimonium Chloride, Propylene Glycol, Hydroxypropylmethylcellulose, Sodium Chloride, Diazolidinyl Urea, PEG-4L, Methylparaben, Propylparaben, 3-iodo-2-propynylbutylcarbamate.

For FAQ, please see page 18
Product Information – Acne/ Cleansers:

**B-Kleer™ Foaming Cleanser (OTC Drug)**

**Regulatory Status**
- FDA Monograph for Topical Antimicrobial Drug Products for OTC Human Use.
- FDA Monograph for Class I First Aid Treatment as an Antiseptic Wash.

**Indications**
- For use as a topical First Aid antiseptic to help prevent infection from minor cuts, scrapes and burns.
- To promote cleanliness without having to constantly and continuously wash your hands.
- To eliminate bacteria without drying the skin.
- To kill germs (E.coli, Pseudomonas and Staph), which cause infections.
- To induce improved wound healing by controlling the sterility in open wound sites.

**Key Features**
- Manufactured in accordance with manufacturing practices for DRUGS.
- Kills 99.9% of harmful germs, including E.coli, Pseudomonas, and Staph, on contact.
- Kill rate continues to work and improves to 100% within 30 seconds. Kill rate lasts for hours.
- Leave on skin for added protection. Eliminates bacterial contamination.
- Broad-spectrum antimicrobial action, encompassing Gram-Negative, Gram-Positive, Fungi, Yeast and Acid Fast Bacteria.
- Benzethonium Chloride disrupts bacterial growth and forces it to destroy itself. This product may help prevent overt skin infections with regular use.
- A water-soluble formulation improves the permeability of agents into the skin. This action causes improved efficacy to kill bacteria within the skin and to remove debris.
- Offers immediate sanitation. No waiting for active ingredients to become effective.
- Alcohol-free product. This offers critical benefits since alcohol-based antiseptic cleansers indicate added risk of a potentially flammable solution in a wound site as well as significant drying agents.
- Leaves no residue or sticky after-effect. Designed for continuous use.
- Skin conditioning and healing agents leave your skin feeling smooth and soft.
- Fragrance-free.

**Warning**
- External use only. Do not use in eyes. Do not apply over large areas of the body.
- In case of deep wounds or puncture wounds, consult a physician.
- Not for use on children under 2 years without the advice of a physician.
- If irritation develops and persists for more than a few days, discontinue use and consult a physician.
- This product is not meant to diagnose or treat serious infections.
- Do not store in or near extreme heat and protect from direct sunlight.

**Item/Package Details**

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<td>7.0 oz/207.0 ml</td>
<td>1038</td>
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<td></td>
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<tr>
<td>32.0 oz/946.4 ml</td>
<td>1031</td>
<td>Evolution Bottle w/Pump</td>
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**CATEGORY:** Acne  **PRODUCT:** B-Kleer™ Foaming Acne Wash

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<th>Sensitive</th>
<th>Dry/Mature</th>
<th>Normal</th>
<th>Combination</th>
<th>Oily</th>
<th>Acne</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
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</table>

Apply one pump for hours of protection. Supply lasts depending on frequency of usage.

**Ingredients**
- Active: Benzethonium Chloride (0.2%)
- Other Ingredients: Purified Water, Lauramidopropyl Betaine, Propylene Glycol, Diazolidinyl Urea, Methylparaben, Propylparaben, and Sodium Hydroxide.

For FAQ, please see page 18
Product Information – Acne/ Cleansers:

**B-Kleer™ Salicylic Acne Wash**

Indications/Monograph
- Treatment for excessive itching and mild scaling
- Control of minor scaling plaque build-up due to irritation.

Key Features
- 3% Salicylic Acid, OTC Drug.
- Treats itching that is more pronounced than Dandruff.
- Treat scaling that is less pronounced than Psoriasis.
- Nice lather and foaming action.
- Green Tea Extract is a major antioxidant for free radical damage.
- Allantoin helps to heal wounded skin and promotes the growth of healthy tissue.
- After controlling condition, use twice a week for maintenance.

Directions
- Shake well before using. Wet skin thoroughly.
- Apply and massage well into the skin.
- Leave on for two minutes.
- Rinse thoroughly with lukewarm water.
- Repeat the wash and rinse steps.
- For best result use at least twice a week or as directed by a dermatologist for maintenance once problem is under control.
- Recommended use is daily for 1 week, then every other day for 1 week, then twice a week for maintenance.
- You may also use this on affected areas of the skin in place of your regular cleanser.

Warning
- External use only.
- Avoid contact with eyes. If contact occurs, rinse eyes thoroughly with water.
- Keep out of reach of small children.
- If condition worsens or does not improve after regular use of this product as directed, consult a dermatologist.
- If condition covers a large area of the body, consult your dermatologist before using the product.

<table>
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<tr>
<th>Size</th>
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<th>Bottle</th>
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<td>Evolution Bottle</td>
<td>7.0-7.7</td>
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<td>32.0 oz/946.4 ml</td>
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<td>Cylinder with Pump</td>
<td>7.0-7.7</td>
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**CATEGORY: Acne  PRODUCT: B-Kleer™ Salicylic Acne Wash**

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<th>Skin Type</th>
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<th>Normal</th>
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<tr>
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<td></td>
<td></td>
<td></td>
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<td>✓</td>
</tr>
</tbody>
</table>

Apply one pea size drop for the face. Twice daily will last 90 days for 8.0 oz bottle.

Ingredients
- Active: 3% Salicylic Acid
- Other: Purified Water, Cocamidopropyl Betaine, Sodium C 14-16 Olefin Sulfonate, Cocamidopropylamine Oxide, Linoleamidopropyl PG-Dimonium Chloride Phosphate, Polyquaternium-22, Sodium Citrate, Green Tea Extract, Panthenol, Allantoin, Fragrance, Tetrasodium EDTA, Methylchloroisothiazolinone / Methylisothiazolinone.

For FAQ, please see page 18
Product Information – Acne/ Cleansers:

**B-Kleer™ BP 2.5 Cleansing Lotion** (OTC Drug)

**Regulatory Status**
- FDA Monograph: Anti-acne agent at 2.5% to 10% concentration.

**Indications**
- Topical treatment for sensitive to normal skin that has oily to acne-prone conditions.
- To dry skin and cause exfoliation with a potent anticomedonal agent.

**Key Features**
- 2.5% Benzoyl Peroxide in a light cleansing lotion.
- Water base to pleasantly cleanse and rinse off easily.
- Leaves no greasy feeling.
- Removes excess oils that build up in acne-prone skin.
- Helps to dry the skin at the surface.
- Regular use will help control acne.
- Use when you shower and at bedtime, if necessary.
- Kills 95% of Propioni bacteria within 15-20 seconds.

**Directions**
- Shake well.
- On the first day, test a small area to check for irritation.
- Wet areas to be treated with warm water before using.
- Use an amount sufficient to work up lather.
- Cleanse lightly in a circular motion.
- Wash affected areas once a day and gradually increase to twice daily.
- Do not leave on for more than one minute.
- Rinse well.

**Warning**
- For external use only. Avoid contact with eyes, mucous membranes, lips and delicate neck areas.
- Keep out of reach of small children.
- If irritation develops, discontinue use.
- Rinse thoroughly, as it may bleach fabrics or hair.
- Benzoyl Peroxide is a known skin irritant
- Do not use if pregnant or breast feeding unless directed by a physician.
- Do not use along with other drying agents or scrubs simultaneously. Do not use with super-fatted or medicated soaps if they cause additional drying.
- Keep away from heat.

**Item/Package Details**

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<th>Sizes</th>
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**CATEGORY: Acne**  PRODUCT: B-Kleer™ BP 2.5 Cleansing Lotion (OTC)

**Face**
- Apply one pea size drop for the face. Twice daily will last 120 days for 8.0 oz bottle.

**Ingredients**
- Active: Benzoyl Peroxide 2.5%; Deionized Water, Ammonium Lauryl Sulfate, Cocamphocarboxylglcinicte, Carbomer 940, Propylene Glycol, Sodium Hydroxide, Polysorbate 20, Methylparaben, Fragrance.
- For FAQ, please see page 18

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Product Information – Acne

B-Kleer™ BP 10 Lotion (OTC Drug)

Regulatory Status
- FDA Monograph: Anti-acne agent at 2.5% to 10% concentration.

Indications
- Topical treatment for moderate to advanced acne.
- To dry skin and cause exfoliation with a potent anticomedonal agent.

Key Features
- 10% Benzoyl Peroxide base in a lotion.
- Water base to pleasantly cleanse and rinse easily.
- Removes excess oils that build up in acne-prone skin.
- Helps to dry the skin at the surface.
- Regular use will help control acne.
- Use when you shower and at bedtime, if necessary.
- Kill 95% of Propioni bacteria within 15-20 seconds.

Directions
- Shake well. On the first day, test a small area to check for irritation.
- Wet areas to be treated before using. Use an amount sufficient to work up lather.
- Wash affected areas once a day and gradually increase to twice daily.
- Do not leave on for more than one minute. Rinse well.

Warning
- For external use only. Avoid contact with eyes, mucous membranes, lips and delicate neck areas.
- Keep out of reach of small children. If irritation develops, discontinue use.
- Rinse thoroughly, as it may bleach fabrics or hair.
- Benzoyl Peroxide is a known skin irritant.
- Do not use if pregnant or breastfeeding unless necessary and directed by a physician.
- Do not use along with other drying agents or scrubs simultaneously. Do not use with super fatted or medicated soaps if they cause additional drying.
- Do not use if on Accutane or six months following Accutane treatments.

Item/Package Details

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<td>8.0 oz/236.6 ml</td>
<td>7106</td>
<td>Evolution Bottle w/Flip Disc Cap</td>
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<td>24 months</td>
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<tbody>
<tr>
<td>Skin Type</td>
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<tr>
<td>Face</td>
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</tbody>
</table>

Apply one pea size drop for the face. Twice daily will last 90 days for 8.0 oz bottle.

Ingredients
Active: Benzoyl Peroxide 10%. Inactive: Deionized Water, Carbopol 940, Sodium C14-16 Olefin Sulfonate, and Sodium Hydroyde

For FAQ, please see page 18
Product Information – Acne/ Treatments:

B-Kleer™ Ultra 8 Skin Solution
B-Kleer™ Ultra 8 Pads

Indications
- To remove oils, fats and other lipids present in oily and acne-prone skin, while it exfoliates surface acne.
- To improve the softness and texture of skin.

Key Features
- Remarkably efficient for deep pore cleansing.
- Concentration of Glycolic Acid is 8%.
- Will help to dry the pores that contain sebum.
- Will cause the skin to exfoliate helping the acne healing process.
- May be used numerous times daily.
- Can be used over Ultra 10 Lightening Gel.
- Do not use an astringent with alcohol when using this product. It may be too drying.
- Must wear sunscreen daily.
- Developed for mild acne, stage 1 or 2.
- Perfect for teenage boys, especially athletes.
- Helps with acne scarring.

Directions
- Cleanse the face with neutral cleansing bar, B-Kleer™ Antiseptic Wash, BP 2.5 or BP 10 Cleansing Lotion.
- Pat dry lightly and wait five minutes.
- Apply Ultra 8 Skin Solution to a cotton ball or pad.
- Wipe pad lightly across all affected areas. Use twice daily.
- Allow to dry for 5 minutes.
- Apply sunscreen daily. Sunscreen should be applied at least 30 minutes prior to getting into sunlight for optimum effect.
- Do not over apply and do not over use.

Warning
- For external use only. Keep out of reach of small children.
- Avoid contact with eyes and mucous membranes.
- You may see a mild acne outbreak in the first few days. This is normal. It is bringing impurities to the surface and beginning to cleanse the pores.
- A mild transient tingling may occur for a few minutes in people with sensitive skin. This is normal.
- If irritation develops and continues, discontinue use.
- Do not use an alcohol based astringent when using this product. It may be too drying.
- STOP USAGE IF PREGNANT OR BREASTFEEDING.
- Do not use if on Accutane® for six months following Accutane® treatments.

Item/Package Details

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<table>
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<th>CATEGORY: Acne</th>
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<tbody>
<tr>
<td>Skin Type</td>
<td>Sensitive</td>
</tr>
<tr>
<td></td>
<td>discretion</td>
</tr>
<tr>
<td>Face</td>
<td>One pea size drop for the face. Twice daily will last 60 days for 4.0 oz bottle. Wipe pad over affected areas twice daily. You may use both sides to maximize potential. One month supply.</td>
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Ingredients
Water, SD Alcohol 40, Glycolic Acid, Propylene Glycol, Ammonium Glycolate, Chlorhexadine Diguconate, Polycarbonate-10, Polysorbate-20.
For FAQ, please see page 18
Product Information – Acne

B-Kleer™ BP 2.5 Acne Crème (OTC Drug)

Regulatory Status
- FDA Monograph: An antibacterial treatment to help control and moderate Acne and Acne pustules.

Indications
- For the antibacterial treatment for all grades of acne.
- Formulated to kill bacteria, dry acne pustules, cleanse pores, remove excess oils and slough dead cells. Exfoliation will loosen impacted pores.
- To disinfect and control bacteria to keep Acne under control.

Key Features
- Dries acne blemishes, acne pimples, blackheads and whiteheads.
- Aloe Vera Gel keeps the skin calm and minimizes irritation.
- Works well with makeup.
- May use 24/7.
- Developed for mild to moderate acne problems.

Directions
- Start with one application daily, preferably at bedtime. Allow two weeks for the skin to become comfortable with product. Gradually increase to twice daily if needed or as directed by a dermatologist.
- Shake well before using.
- Cleanse the skin thoroughly with B-Kleer™ Wash before applying crème. Apply a pea size drop to each side of the face and the forehead. Gently cover the entire affected areas with a thin layer. Do not rub into the skin.
- If bothersome dryness or peeling occurs, reduce application to once a day or every other day.
- Leave on all day or overnight for maximum effectiveness. If using at least twice a day, rinse face and cleanse prior to reapplying.
- Daytime: Same as bedtime with the addition of sunscreen. Allow to dry. Apply sunscreen to protect the skin from UV radiation damage and the risk of photosensitivity.
- Sensitivity test for New Users: Apply product sparingly to one or two small affected areas during the first three days. If no discomfort occurs, follow the directions above.

Warning
- For external use only.
- Keep out of reach of small children.
- In cases of accidental ingestion, contact the poison control center immediately.
- Avoid contact with eyes and mucous membranes.
- Using other topical acne medications at the same time or immediately following use may increase dryness, or irritation. If irritation or sensitivity develops, discontinue use of this product for three days and try again. If this occurs, consult your dermatologist.
- May bleach fabrics.
- PREGNANT OR BREAST FEEDING. Consult a dermatologist or your OB/GYN prior to use.
- Do not use if you are on Accutane® for six months following Accutane® treatments.
- Not recommended for SPOT TREATMENT.

Item/Package Detail

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<td>3.0-5.0</td>
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**Ingredients**
Active: Benzoyl Peroxide 2.5%.
Inactive: Purified Water, Aloe Vera Gel, Polysorbate 20, Methylparaben, Imidazolidinyl Urea, Carbomer, and Sodium Hydroxide.
For FAQ, please see page 18
Product Information – Acne

B-Kleer™ Acne Gel (OTC Drug)

Regulatory Status
- FDA Monograph: Maximum strength acne treatment gel specially designed to exfoliate skin and reduce oiliness as it treats acne and prevents new blemishes.

Indications
- A topical medication for the treatment of moderate to advanced acne.
- Gently exfoliates encrustation and acne pustules and penetrates pores to eliminate most acne pimples while it loosens dirt and oils trapped in pores.
- Reduces the severity of acne blemishes and helps prevent new acne blemishes from forming.

Key Features
- Combines the exfoliating and stimulating properties of Glycolic Acid with the desquamation and antibacterial features of Salicylic Acid.
- 6% Glycolic Acid (AHA) for exfoliation, deep pore cleansing and to improve skin tone and texture; and 2% Active Salicylic Acid (BHA) to help exfoliate and dry acne pustules.
- Made with three extracts to soothe the skin from any possible irritation.
- Excellent for spot treatment of acne day or night and creates rapid exfoliation of acne pustules.
- Should show improved skin within three to four weeks with tone and texture.
- Will not overly dry the skin and works well under makeup. May be used twice daily.

Directions
- Cleanse the face with Neutral Cleansing Bar, B-Kleer™ Antiseptic Wash, B-Prox 2.5, or B-Prox 10 Cleansing Lotion, pat skin dry.
- Lightly and evenly cover the affected area with a thin layer of B-Kleer™ Acne Gel 1-3 times daily. Do not over-apply. Pat excess with tissue.
- Start with 1 application daily and then gradually increase to 2-3 times daily if needed or as directed by a physician.
- If dryness or peeling occurs, reduce application to once a day or every other day.
- Note: This will not relieve problems associated with acne. It is simply an anti-inflammatory effect to help with redness or irritation from the acne.

Warning
- For external uses only and do not apply to open skin. If irritation develops, discontinue use.
- Keep out of reach of small children. Do not use if pregnant.
- Do not use while on Accutane®. Using other topical acne medications at the same time or immediately following use of this product may increase dryness or irritation of the skin. If this occurs, only one medication should be used unless directed by a doctor.
- Avoid direct contact with eyes and mucous membranes.
- Mild or transient tingling may occur if you have sensitive skin.
- If you wear contacts, wash hands thoroughly prior to touching lenses.

Item/Package Details

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Ingredients
- Active: Salicylic Acid 2%. Other Ingredients: Purified Water, SD Alcohol 40, Glycolic Acid, Ammonium Glycolate, Polysorbate 20, Polyquaternium-10, Glycyrrhiza Glabra Extract, Thea Sinensis Extract, Anthemis Nobilis Extract, Chlorhexidine Diglyconate, Melaleuca Alternifolia Oil, Tocopheryl Acetate, and Retinyl Palmitate

For FAQ, please see page 18

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Product Information – Acne

**B-Kleer™ Acne Lotion (OTC Drug)**

**Regulatory Status**
- FDA Monograph: Maximum strength acne treatment lotion specially designed to exfoliate skin and reduce oiliness as it treats acne and prevents new blemishes.

**Indications**
- Use for the treatment of moderate to advanced acne.
- Medication for the treatment of Acne blemishes.
- Clears up existing Acne pustules and pimples and allows the skin to heal.
- This will keep the skin clear of new Acne blemishes.

**Key Features**
- Maximum strength Salicylic Acid that can be used in a medicated formulation.
- Dries and clears Acne blemishes, Acne pimples, blackheads and whiteheads.
- Oil of Peppermint is antibacterial and leaves the skin feeling cool and fresh.
- Loaded with medicated Acne treatments, exfoliates, and nourishment to keep the skin from becoming too dry or irritated.
- Light, elegant lotion that works extremely well with makeup. May use 24/7.
- Contains 10% Glycolic Acid (non-buffered) to deliver actives deeper into the tissue and to help stimulate the exfoliation cycle.

**Directions**
- Shake well before using.
- Cleanse the skin thoroughly with B-Kleer™ Wash before applying B-Kleer™ Acne Lotion.
- Cover the entire affected area with a thin layer.
- Start with one application daily, preferably at bedtime, and then gradually increase to two or three times daily if needed or as directed by a dermatologist.
- If dryness or peeling occurs, reduce application to once a day or every other day.
- Leave on all day or overnight for maximum effectiveness. If using at least twice a day, rinse face and cleanse prior to reapplying.
- Sensitivity test for New Users: Apply product sparingly to one or two small affected areas during the first three days. If no discomfort occurs, follow the directions above.

**Warning**
- For external use only. Keep out of the reach of small children.
- In case of accidental ingestion, contact a poison control center immediately.
- Avoid contact with eyes and mucous membranes.
- Using other topical Acne medications at the same time or immediately following use of this product may increase dryness, or irritation of the skin. If this occurs, only one medication should be used unless otherwise directed by a dermatologist.
- Pregnant or Breast feeding: Consult a dermatologist or your OB/GYN prior to use. This formulation should not pose a medical threat but can be irritating to the skin.
- DO NOT USE if on Accutane®. You must be off Accutane® for at least six months before you can begin to use this product should symptoms still exist.
- NOT RECOMMEND as A SPOT TREATMENT. Acne can spread easily. By stopping a blemish and not treating the surrounding area(s), new blemishes can appear.

**Item/Package Details**

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**CATEGORY: Acne  PRODUCT: B-Kleer™ Acne Lotion**

- **Skin Type:**
  - Sensitive
  - Dry/Mature
  - Normal
  - Combination
  - Oily
  - Acne

- **Face:** Apply one pea size drop for the face. Twice daily will last 90 days for 2.0 oz bottle.

**Ingredients**
- Active: Salicylic Acid U.S.P. 2%. Other Ingredients: Purified Water, Specially Denatured Alcohol (SDA-40-2), Glycerine, Polysorbate 20, Xanthan Gum, Glycolic Acid, Peppermint Essential Oil, Tocopherol Acetate in Wheat Germ Oil.

For FAQ, please see page 18

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B-Kleer™ Ultra 20 Pads

Indications
- Use for advanced acne.
- To remove the oils, fats and other lipids present in oily and acne-prone skin, while it exfoliates surface acne.
- To improve the softness and texture of the skin.

Key Features
- Remarkable efficient for deep pore cleansing.
- Easy, simple to use disposable pads.
- Concentration of 20% Glycolic Acid.
- Glycolic Acid stimulates collagen and fibril tissue and has been clinically proven to improve acne scarring.
- Excellent product for anyone with moderate to advanced acne.
- Will help to dry the pores that contain sebum.
- Will cause the skin to exfoliate thus helping the acne healing process.
- Use twice daily.
- Use both sides of the pad for optimum coverage.
- Can be used over Ultra 10 Lightening Gel.
- Developed for advanced acne.

Directions
- Cleanse the face with Neutral Cleansing Bar, B-Kleer™ Antiseptic Wash, B-Prox 2.5%, or B-Prox 10% Cleansing Lotion. Pat skin dry.
- Lightly and evenly cover the affected area with a thin layer of B-Kleer™ Acne Gel 1-3 times daily.
- Do not over-apply. Pat excess with tissue.
- Start with 1 application daily and then gradually increase to 2-3 times daily if needed or as directed by a physician.
- If dryness or peeling occurs, reduce application to once a day or every other day.
- Note: This will not relieve problems associated with acne. It is simply an anti-inflammatory effect to help with redness or irritation from the acne.

Warning
- For external use only.
- Keep out of reach of small children.
- Avoid direct contact with eyes and mucous membranes.
- Mild or transient tingling may occur if you have sensitive skin.
- If you wear contact lenses, wash hands thoroughly prior to touching lenses.
- If irritation develops, discontinue use.
- Using other topical acne medications at the same time or immediately following use of this product may increase dryness or irritation of the skin. If this occurs, only one medication should be used unless directed by a doctor.

Item/Package Details

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Ingredients
Water, Glycolic Acid, Isopropyl Palmitate, Ammonium Glycolate, Propylene Glycol, BIS-Diglyceryl Coprylate/Caprate/Isostearate/Stearate/Hydroxy Stearate Adipate, Cetyl Alcohol, Isostearic Acid, DEA Cetyl Phosphate, Sorbitan Stearate, Dimethicone, Sodium Hyaluronate, Hydroxyethylcellulose, Stearamidopropyl Dimethylamine, Xanthan Gum, Tetrasodium EDTA.

For FAQ, please see page 18
B-Kleer™ Mint Mask

Indications
• To clean pores, absorb excess oils and improve the tone and texture of the skin.
• Remove blackheads.

Key Features
• Excellent for combination, oily and acne-prone skin types.
• Kaolin absorbs oils in the skin’s pores.
• Contains Bentonite to dry the pores and reduce shine.
• Trace of mint adds freshness and soothing properties.
• High quality metal oxides to fight bacteria and soothe irritations.
• May be used prior to applying glycolic acid.
• Wait 20-30 minutes to apply AHAs after rinsing off the mask.

Directions
• Apply liberally over entire face, avoiding the eyes.
• Allow to set for 10-15 minutes.
• Gently rinse off with lukewarm water, do not rub.
• Pat the skin dry.
• Apply Ultra Lite Facial Moisturizer if desired.
• Use 2 times a week.
• Recommend a Shammy Wash Cloth so as not to irritate the skin.

Warning
• For external use only.
• Keep out of reach of small children.
• Avoid contact with eyes and mucous membranes.
• If irritation develops, discontinue use.
• Do not use on dry or mature skin.
• If using glycolic acid, remove mask and allow skin to dry for 30 minutes before applying AHA/Glycolic Acid.

Item/Package Details

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Ingredients
Water, Kaolin, Bentonite, SD Alcohol 40-B, Propylene Glycol, Zinc Oxide, PEG-8 Distearate, Chromium Oxide Greens, Diazolidinyl Urea, Methylparaben, Propylparaben, Tetrasodium EDTA, and Fragrance.
For FAQ, please see page 18
Indications
• For the treatment of acne. Helps clear up acne blemishes and allows the skin to heal. Penetrates pores to reduce the number of acne blemishes and helps prevent new blemishes from forming.

Key Features
• Use to fight and control acne.
• Therapeutic Sulfur base helps dry out pores.
• Titanium dioxide.
• Bentonite clay helps to absorb impurities and soak up excess oils.
• Kaolin clay acts as an astringent and helps to cleanse by removing excess oils and slough dead cells.
• Excellent treatment for oily skin problems.
• Use 1-3 times weekly, but no more than three times weekly.

Directions
• Cleanse the skin thoroughly before applying medication mask.
• Cover the entire affected area with a thin layer no more than three times a week.
• Leave on for 10 - 12 minutes.
• Rinse thoroughly with lukewarm water.
• Because excessive drying of the skin may occur, start with one application a week, and then gradually increase to two or three times weekly as needed or as directed by a doctor.
• If dryness or peeling occurs, reduce application to once a week or once every other week.
• Avoid the eye zone.
• This product should not be left on the skin more than 12 minutes.
• Sensitivity Test for a New User: Apply product sparingly to one or two small affected areas during the first few days. If no discomfort occurs, follow the directions stated above on this label.

Warning
• For external use only. Not to be ingested.
• Do not use if using Accutane®.
• Using other topical acne medications at the same time or immediately following use may increase dryness or irritation of the skin. If this occurs, only one medication should be used unless directed by a doctor.
• If excessive skin irritation develops or increases, discontinue use and consult a doctor.
• Avoid getting into eye area.
• Keep away from children.

Item/Product Details

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CATEGORY: Acne  PRODUCT: B-Kleen™ Sulfur Mask (OTC)

Ingredients
Active Ingredient: Sulfur 10%.
Inactive Ingredients: Deionized Water, Bentonite, Titanium Dioxide USP, Kaolin USP, Talc USP, Ahnfeltia Concinna Extract (Red Marine Algae), Propylene Glycol USP, Diazolidinyl Urea, Methylparaben, and Propylparaben.
For FAQ, please see page 18
B-Kleer Blemishout™ Gel

Type
- Treatment

Indications
- To use on oily skin to grade 1 acne to control blemishes with willow bark extract
- A spot or all-over area treatment to keep skin clear

Key Features
- A cocktail of blemish control ingredients
- Nice, light feel on the skin
- Organic 72%
- Non-irritating
- Use 2 times per week, best when used at bedtime
- Easy to rinse off following 15 – 20 minutes of application

Directions
- Cleanse the affected areas. We highly recommend the use of our B-Kleer™ Antimicrobial Cleansing Gel
- For normal use: Apply a thin and even amount to the affected area(s) • Allow to dry • Leave on for 15 – 20 minutes • Rinse with lukewarm water • Blot dry • Do not rub into the skin.
- For leave-on use: This can be left on the skin overnight • When doing so do not add any other Acneic (drying) products if using this product that day
- Should your skin need a light moisturizer, use our Ultra Lite Facial Hydrator or our E2 Lipid Crème.
- **This product should not be used more than 2 times per week. Works best when applied at bedtime.**

Caution
- Do not use this product more than twice a week
- External use only
- Do not store near direct heat or sunlight
- Keep out of reach of small children
- Do not get into or near the eyes
- If irritation occurs stop the use of this product for 3 days then try again using less product and removing at 10 minutes
- If you are using any other oily / Acneic skin treatments to help dry the skin or to exfoliate, do not use this product that night.
**Item/Packaging Details**

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**CATEGORY: Acne  PRODUCT: B-Kleer™ Blemishout Gel**

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<td>√</td>
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<td>√</td>
</tr>
</tbody>
</table>

For face: 30ml airless pump should last 120-150 days. For larger areas, 60-75 days. Recommended once a week and not more than twice. See Directions above for more details.

**Ingredients**

Aqua (Deionized Water), Hamamelis Virginiana Water (Witch Hazel), Salix Alba Bark Extract (Organic Willow Bark), Colloidal Silver, Eugenia Caryophyllus Bud Oil (Clove Essential Oil), Aloe Barbadensis Leaf Juice (Organic Aloe), Centella Asiatica Extract (Organic Gotu Kola), Equisetum Arvense Extract (Horsetail), Geranium Maculatum Extract (Wild Geranium), Taraxacum Officinale Extract (Organic Dandelion), Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Sodium Hydroxide, Phenoxyethanol, Ethylhexylglycerin.

**Purpose of each Ingredient**

- **Acrylates/C10-30 Alkyl Acrylate Crosspolymer**: A synthetic polymer that functions as an emulsion stabilizer and to create viscosity. It is an increasing agent and typically found in moisturizing preparations. More commonly known as Carbopol.
- **Aloe Barbadensis Leaf Juice (Organic Aloe)**: This is the juice expressed from the leaves of the aloe plant. It is in the chemical class of botanicals and its function is Skin-Conditioning Agent – Miscellaneous. It is utilized in over fifty product categories.
- **Aqua**: see (Water, Deionized)
- **Centella Asiatica Extract (see Organic Gotu Kola)**: An extract from the leaves and roots of the hydrocotyl plant. It is in the chemical class of Botanicals. It functions as a Cosmetic Astringent and a Skin Conditioning Agent – Miscellaneous. It is found in more than a dozen product categories including Skin Care preparations, Body Cleansing Products, Skin Fresheners, Face and Neck Preparations, and Face Masks. Commonly used in Traditional Chinese and Ayurvedic medicine. The above-ground parts are used to make medicine. Uses include wound healing and circulation issues.
- **Clove Essential Oil**: Obtained from the buds of Eugenia Caryophyllus plant, which produces eugenol. It is prepared by steam distillation of the dried buds. Traditionally known to kill intestinal parasites due to broad antimicrobial properties against fungi and bacteria. Japanese researchers have found antioxidant properties which help prevent...
cell damage that eventually causes malignant disease. It is believed to have both pro and anti-cancer effects.

- **Colloidal Silver**: Silver particulates that keep the body healthy by fighting microorganisms. Typically used for antiseptic or antimicrobial issues.

- **Equisetum Arvensis Extract (see Horsetail)**

- **Ethylhexylglycerin**: An organic compound in the Chemical Class of Alcohols; Ethers. Its functions include a Deodorant agent and a Skin Conditioning Agent – Miscellaneous. It is used to blend certain ingredients that mix well together.

- **Eugenia Caryophyllus Bud Oil (see Clove Essential Oil)**

- **Geranium Maculatum Extract (see Wild Geranium)**

- **Gotu Kola (Organic):** See Centella Asiatica Extract. **Hamamelis Virginiana Water (see Witch Hazel)**

- **Horsetail**: The extract of the whole herb of Equisetum arvense, an herbaceous perennial **horsetail plant** native throughout the arctic and temperate regions of the northern hemisphere. It is in the chemical class of Botanicals. It functions as a Skin-Conditioning Agent – Miscellaneous. It is utilized in dozens of product categories.

- **Dandelion (Organic):** See Taraxacum Officinale.

- **Phenoxyethanol**: An aromatic ether alcohol in the Chemical Class of alcohols; ethers. It functions as a preservative and a Fragrance ingredient. It is utilized in well over 50 product categories. It is a **synthetic preservative** that is manufactured using a complex process where phenol is treated with ethylene oxide. Phenol is a mildly acidic white crystalline solid that can be obtained from natural or chemical sources.

- **Salix Alba Bark Extract (Willow Bark, Organic)**: The extract from the bark of the white willow tree, Salix Alba. It is in the Chemical Class of Biological Products. It functions as a Hair Conditioning Agent; and Skin Conditioning Agent – Occlusive.

- **Sodium Hydroxide**: In the Chemical Class of inorganics that functions as a Denaturant; pH Adjuster. It is utilized in 40 different Product Categories from Baby Products to Tanning Preparations. Used in many manufacturing capacities and for our use as a cleansing agent.

- **Taraxacum Officinale Extract (Dandelion, Organic)**: Steam distilled extract from the rhizomes and the root of the dandelion plant. It is in the Chemical Class of Biological Products and functions as a Skin Conditioning Agent – Miscellaneous. It has been known for both antioxidant and anti-inflammatory properties.

- **Water, Deionized**: Synonymous with demineralized water / DMwater. This is water that has had almost all of its mineral ions removed, such as cations like sodium, calcium, iron, and copper, and anions such as chloride and sulfate.
• Willow Bark (Organic): see Salix Alba Bark Extract

• Wild Geranium: An extract from the flowers of Geraea canescens. It is in the Chemical Class of Biological Products of Alcohols. It can function as a Fragrance Ingredient. This is not the essential oil format.

• Witch Hazel: An aqueous solution containing volatile oils obtained by the distillation of twigs, bark and leaves of Hamamelis Virginiana, is a species of witch-hazel native to eastern North America, from Nova Scotia west to Minnesota, and south to central Florida to eastern Texas. Traditional uses for witch hazel include hemorrhoids, burns, cancers, tuberculosis, colds and fever. Its primary use through the years has been for the treatment of skin conditions, especially as an astringent.

Definitions

Organic: An organic compound; or any substance containing carbon-based compounds, especially produced by or derived from living organisms.

Preservatives: A preservative is a substance or a chemical that is added to products to prevent decomposition by microbial growth or by undesirable chemical changes.

Synthesis: the composition or combination of parts or elements so as to form a whole. The production of a substance by the union of chemical elements, groups, and simpler compounds, or by the degradation of a complex compound.

Synthetic preservative: Man-made or artificial preservatives are chemical substances added to foods or products. These substances may be sprayed on or added into formulations. The exact definition of an artificial preservative is problematic, however, as many artificial preservatives are in fact derivatives of natural compounds.
FAQ

B-Kleer™ Antiseptic & Foaming Acne Wash
Q. Why is this product more effective than other products in killing germs and bacteria?
A. Most other antibacterial soaps contain Triclosan. This ingredient is not FDA approved as an antiseptic for first aid use because it is not effective in killing germs and bacteria. B-Kleer™ Antiseptic Cleansing Gel contains Benzethonium Chloride which is approved by the FDA and is the strongest antibacterial agent for a kill rate of 99.9%. Kills germs on contact.

B-Kleer™ BP 10 Cleansing Lotion
Q. Can Benzoyl Peroxide be irritating?
A. Yes, it is an irritant. It can cause drying and peeling, along with mild redness and possible swelling if left on too long.

Q. How do I know what an adverse reaction is?
A. Benzoyl Peroxide can also cause a brief tingling sensation or a warm feeling. If this feeling lasts for more than 5 minutes, do not leave on as long the next time you use it. If the situation does not improve, discontinue use.

Q. If I find this to be too irritation, what should I do?
A. If you still have it on, wash off with cool water immediately. If should be not be left on for more than 2 minutes. If your condition appears severe, apply and emollient such as petrolatum (Vaseline®).

Vaseline® is a registered trademark of the Chesebrough-Ponds USA Co.

B-Kleer™ 2.5 Acne Crème
Q. Can I use this with an alcohol based astringent?
A. No, they are too drying to the skin and cause additional oils to be secreted. The use of AHA/Glycolic Acid will help keep this under control. BHA (Salicylic Acid) products are also irritants and can cause some dryness. There is no reason to cause or create more dryness than necessary. New alcohol-free astringents or toners will give you much greater relief.

Q. Can this product be used over the entire face?
A. Yes, as well as other body parts. However, you should use this as a spot treatment due to the concentration of acne-fighting ingredients. This will work very well in conjunction with our Ultra 8 Skin Therapy or Ultra 15 Rejuvenating Gel, which would be applied over the entire face after B-Kleer™ Gel.

Q: Can I use a skin lightening agent with this product?
A: Yes, however, we highly recommend that you allow at least six months of regular daily use of a Glycolic Acid and/or Beta Hydroxy Acid product to take its full effect before using any skin lightening agent. These products will inherently lighten discoloration so you may not need bleaching agents, at all. If you do need one, should only be for spot treatment and for relatively short period of time (not more than 3 months as recommended by the FDA).

Q. I have been on Accutane® but I had a little flare-up. Can I use this product?
A. Only if you have been off Accutane® for at least six months. Accutane® remains in the body for months. The two products can be used overly irritating when use simultaneously.

B-Kleer™ Acne Gel
Q. Can I use this with an alcohol based astringent?
A. No, they are too drying to the skin and cause additional oils to be secreted. The use of AHA/Glycolic Acid will help keep this under control. BHA (Salicylic Acid) products are also irritants and can cause some dryness. There is no reason to cause or create more dryness than necessary. New alcohol-free astringents or toners will give you much greater relief.
Q. Can this product be used over the entire face?
A. Yes, as well as other body parts. However, you should use this as a spot treatment due to the concentration of acne-fighting ingredients. This will work very well in conjunction with our Ultra 8 Skin Therapy or Ultra 15 Rejuvenating Gel, which would be applied over the entire face after B-Kleer™ Gel.

Q. Can I use a skin lightening agent with this product?
A. Yes, however, we highly recommend that you allow at least six months of regular daily use of a Glycolic Acid and/or Beta Hydroxy Acid product to take its full effect before using any skin lightening agent. These products will inherently lighten discoloration so you may not need bleaching agents, at all. If you do need one, should only be for spot treatment and for relatively short period of time (not more than 3 months as recommended by the FDA).

Q. I have been on Accutane® but I had a little flare-up. Can I use this product?
A. Only if you have been off Accutane® for at least six months. Accutane® remains in the body for months. The two products can be used overly irritating when use simultaneously.

B-Kleer™ 15 Lotion
Q. Can I start with this product?
A. No, this product is too irritating for your skin. Start with the B-Kleer™ 10 Lotion. It will take your skin at least 6 months and up to a year of continuous use before it can handle the 15% lotion.

Q. Can I use this with an alcohol based astringent?
A. No, they are too drying to the skin and cause additional oils to be secreted. The use of AHA/Glycolic Acid will help keep this under control. BHA (Salicylic Acid) products are also irritants and can cause some dryness. There is no reason to cause or create more dryness than necessary. New alcohol-free astringents or toners will give you much greater relief.

Q. Can this product be used over the entire face?
A. Yes, as well as other body parts. However, you should use this as a spot treatment due to the concentration of acne-fighting ingredients. This will work very well in conjunction with our Ultra 8 Skin Therapy or Ultra 15 Rejuvenating Gel, which would be applied over the entire face after B-Kleer™ Gel.

Q. Can I use a skin lightening agent with this product?
A. Yes, however, we highly recommend that you allow at least six months of regular daily use of a Glycolic Acid and/or Beta Hydroxy Acid product to take its full effect before using any skin lightening agent. These products will inherently lighten discoloration so you may not need bleaching agents, at all. If you do need one, should only be for spot treatment and for relatively short period of time (not more than 3 months as recommended by the FDA).

Q. I have been on Accutane® but I had a little flare-up. Can I use this product?
A. Only if you have been off Accutane® for at least six months. Accutane® remains in the body for months. The two products can be used overly irritating when use simultaneously.
## Protocols

### PROTOCOL: BEGINNER – Use this product sequence as your CORE PROGRAM

<table>
<thead>
<tr>
<th>Product</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cleanser</td>
<td>1 You may use 2 or even 3 different cleansers, must be antibacterial.</td>
</tr>
<tr>
<td>Treatment</td>
<td>2 Once a day; increase to twice a day after 3 weeks of use.</td>
</tr>
<tr>
<td>Sunscreen</td>
<td>2 Mandatory</td>
</tr>
<tr>
<td>Face Mask</td>
<td>√ One to three times a week, depending on mask.</td>
</tr>
</tbody>
</table>

### PROTOCOL: BEGINNER w/OPTIONS—Use this product sequence as your guide using the CORE PROGRAM & non-essential items

<table>
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<tr>
<td>Toner</td>
<td>Optional If desired, does not treat acne.</td>
</tr>
<tr>
<td>Treatment</td>
<td>2 Once a day; increase to twice a day after three weeks of use.</td>
</tr>
<tr>
<td>Sunscreen</td>
<td>2 Mandatory</td>
</tr>
<tr>
<td>Make Up</td>
<td>Optional As desired.</td>
</tr>
<tr>
<td>Face Mask</td>
<td>Optional One to three times a week, depending on mask.</td>
</tr>
</tbody>
</table>

### PROTOCOL: ADVANCED – Use this product sequence as your BASIC PLAN for advanced treatments

<table>
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<tr>
<th>Product</th>
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<tbody>
<tr>
<td>Cleanser</td>
<td>1 You may use 2 or even 3 different cleansers, must be antibacterial.</td>
</tr>
<tr>
<td>Treatment – Vitamin A</td>
<td>2 Once a day, if Rx use at bedtime &amp; use Glycolic Acid during the day. Start week 3.</td>
</tr>
<tr>
<td>Treatment</td>
<td>2 Once a day; increase to twice a day after three weeks of use.</td>
</tr>
<tr>
<td>Sunscreen</td>
<td>3 Mandatory</td>
</tr>
<tr>
<td>Face Mask or Power Beads</td>
<td>3 One to three times a week, depending on item.</td>
</tr>
</tbody>
</table>

### PROTOCOL: ADVANCED w/OPTIONS – Use this product sequence as your COMPLETE PLAN for advanced treatments

<table>
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<tr>
<td>Face Mask or Power Beads</td>
<td>3 One to three times a week, depending on item.</td>
</tr>
</tbody>
</table>

If mask is used, it should be applied approximately two hours prior to applying products at bedtime. This will allow the skin to calm down from the treatment.